

# Dubai Derma®

Skin Health is our Concern

21<sup>st</sup> Dubai World Dermatology and  
Laser Conference & Exhibition

Shaping the Future of  
Dermatology & Aesthetics

**PRE-CONFERENCE COURSE**  
DERMATOLOGY & DERMATOPATHOLOGY

24 – 27 February 2022  
Dubai World Trade Centre, UAE

Organized by

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**His Highness Sheikh Khalifa bin Zayed Al Nahyan**  
President of the United Arab Emirates



**His Highness Sheikh Mohammed bin Rashid Al Maktoum**  
Vice President and Prime Minister of the United Arab Emirates and Ruler of Dubai



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## Message from the Conference Chairman

### **Ibrahim Galadari MD, FRCP**

Professor of Dermatology  
Chairman, Dubai Derma Conference

As the conference chairman of Dubai Derma, I would like to extend a warm welcome to you all to Dubai on the occasion of the 21<sup>st</sup> Dubai World Dermatology & Laser Conference & Exhibition to be held on February 27 - March 1, 2022 at the Dubai World Trade Centre (DWTC).

Dubai is a world-renowned centre of business and commerce, a vibrant city in the United Arab Emirates, a member of the GCC states and the gateway to the Middle East, North Africa and South Asia market with close proximity to Europe and the Far East. Being international and cosmopolitan, the city offers an infinite variety of things to see and do in a unique fusion of Middle Eastern and Western heritage and culture.

Dubai has always been keeping up with advancing technologies in the dermatology practice in order to meet the constantly evolving needs and demands of the community.

Dubai Derma is organized by several scientific bodies, mainly Arab Academy of Dermatology and Aesthetics (AADA), in cooperation with the GCC League of Dermatology and Pan-Arab League. AADA is proud to be an active member in the International League of Dermatology Society (ILDS). Therefore, our scientific program is accredited by all these mentioned scientific bodies.

Dubai Derma will bring together eminent speakers from the region and around the globe covering a wide spectrum of themes affecting the world of dermatology. The Dubai Derma scientific program features a four-day pre-conference course, conference program, workshops and live demonstrations exemplifying novel cosmetic and dermatological procedures.

Dubai Derma provides all dermatology colleagues worldwide with a vibrant platform to update their knowledge, explore new advances in the dermatological and technological field, and foster closer ties.

Dubai aims to compete globally in the events and entertainment industry by becoming one of the strongest Middle Eastern hubs for mega events and festivities - this is showcased with its pioneer for a mega event in this region, Expo 2020 Dubai, largest mega event in a first-of-its-kind size with over 190 countries participating.

I look forward to welcome you all in the 21<sup>st</sup> edition of Dubai Derma!



## Message from the Executive Chairman

### **Dr. Abdul Salam Al Madani**

Executive Chairman, Dubai Derma  
Chairman, INDEX Holding

We are delighted to welcome you all to the 21<sup>st</sup> edition of the annual Dubai World Dermatology and Laser Conference & Exhibition – Dubai Derma, and thank you for attending the largest event in the Middle East, North Africa, and Indian Subcontinent region dedicated to providing the latest scientific information and innovations in the field of dermatology, skin care and lasers.

In today's world, skin health has shown to be a major factor for one's confidence and overall well-being, so the methods of treatment and healthcare products have become an integral part of our society. The global skin care product market size has recently breached \$130 billion, with no signs of slowing down, and there has been an 80% increase in demand for dermatologists from 2004 to our present date, with a continuing 7% yearly increase projected thereafter.

So, to meet the ever-increasing requirements for solutions, we find it imperative for us to combine the finest speakers, specialists, industry experts, and skincare physicians on a unified platform to deliver the latest educational resources and advancements in medical technology and treatment for skincare with a series of discussions through a variety of courses, workshops, and lectures on major topics, to better serve the needs of our patients. As always, this exhibition also provides a great opportunity for major leading skin care brands and companies in the industry to showcase and promote their advanced tools and technologies.

Under this year's theme, 'Shaping the Future of Dermatology and Aesthetics,' we will cover many topics that include medical, therapeutic, pediatric, surgical and cosmetic dermatology. We will also view clinical case presentations in order to gain an in-depth knowledge of the various procedures and diagnosis we encounter today. So, we welcome you to take advantage of the pre-conference courses on dermatology and dermatopathology, as well as the AADA Fellowship Course on dermatology, aesthetics and lasers.

We thank the many important stakeholders, partners, dermatology associations, sponsors and exhibitors, and the prominent health authorities that continue to provide their support to make this conference a success, and we wish them countless triumphs in the forthcoming years ahead.

Looking forward to seeing you all at the 21<sup>st</sup> edition of Dubai Derma and we hope you have a wonderful experience, and a safe and pleasant stay together!



## Speech from the AADA President

### Abdul Wahab Al Fouzan MD

President of Arab Academy of Dermatology & Aesthetics  
and President of Kuwait Society of Dermatologists

الأكاديمية العربية  
للجلدية والتجميل



ARAB ACADEMY  
OF DERMATOLOGY & AESTHETICS

الأخ الأستاذ الدكتور إبراهيم كلداري  
رئيس رابطة أطباء الجلد لدول مجلس التعاون الخليجي . رئيس المؤتمر  
الأخوة والأخوات الزملاء  
حضرات الضيوف الكرام.

نجتمع اليوم لحضور فعاليات المؤتمر العالمي الحادي والعشرون للأمراض الجلدية والليزر. دبي ديرما. وفي بداية كلمتي باسمكم جميعا نشكر جميع من قام بالعمل والمشاركة لإقامة هذا المؤتمر. ان اهتمام الحكومات بصحة الانسان وتشجيعهم للأطباء والعلم والعلماء في مجال العلوم الصحية والطبية ومساهماتهم في الارتقاء والتقدم السريع للخدمات الصحية لهو ركيزة مهمة واساسية للارتقاء بالشعوب وتقدمهم. وكما يعلم الجميع أن هذا المؤتمر الطبي في تخصص الأمراض الجلدية وجراحة الجلد والليزر يعقد كل سنة في دبي ويشارك به مجموعة من الأطباء الاستشاريين والأخصائيين من دول مجلس التعاون الخليجي والدول العربية وكذلك من أمريكا وأوروبا وآسيا.

### الأخوة والأخوات

إن وجود قاعتين للمحاضرات في مؤتمر واحد يعتبر من الإنجازات العلمية الكبيرة في زمن الكورونا والتي تتيح الفرصة لجميع الأطباء من متدربين وأخصائيين واستشاريين للمشاركة والحضور والاستفادة من تلك المحاضرات القيمة. ولا ننسى أهمية ورش العمل والدورات التدريبية والتي تعقد قبل فعاليات المؤتمر والتي تعتبر دورات مكثفة في مختلف تخصصات الأمراض الجلدية مثل باثولوجيا الجلد وجراحة وتجميل الجلد والليزر. وبالاطلاع على البرنامج العلمي للمؤتمر نرى الكثير من الأوراق والأبحاث الطبية في ما هو جديد في العلاج بالليزر وخاصة في مجال جراحة الجلد وعلاج الصدفية وحب الشباب والأمراض الفقاعية وعلاج اعراض التقدم في العمر وأورام الجلد السرطانية وحساسية الجلد بالإضافة إلى علاج الصبغات وتساقط الشعر والثعلبية والأمراض الجلدية الوراثية و أمراض الجلد المعدية. كما أن فعاليات المؤتمر تشتمل على عدد كبير من ورش العمل لاستخدامات الليزر وطرق التعامل مع التغيرات التي تحدث في الجلد نتيجة التقدم في العمر. أما بالنسبة للدورات التدريبية، فلقد اشتملت على المواضيع التخصصية المتعلقة بحساسية الجلد وحب الشباب والتصبغات وكذلك سقوط الشعر والأمراض الوراثية وعلم الأنسجة وجراحات الجلد والصدفية. ولا شك ان لورش العمل والدورات التدريبية فائدة كبيرة من الناحيتين العلمية والعملية للأطباء المشاركين.

### الأخوة والأخوات

إن اهتمام كبار المسؤولين في دبي بالخدمات الصحية وإقامة المؤتمرات والندوات الدورية جعل منها صرحا حضاريا وواجهة مشرفة امام الجميع. وما نراه اليوم في مؤتمر دبي ديرما العالمي الحادي والعشرون لهو مفخرة لجميع الدول العربية.

### الأخوة والأخوات

على الرغم من سهولة تناقل المعلومات الطبية والعلاجية بالوسائل الإلكترونية الحديثة، إلا ان لهذه المؤتمرات الطبية أهمية كبيرة واثر فعال في التقاء الأطباء عن قرب، وتبادل مختلف وجهات النظر في كل ما هو جديد في تخصصنا. ومما لا شك فيه أن هذا المؤتمر له فائدة كبيرة لجميع الفئات من الأطباء حديثي التخرج وأطباء الدراسات العليا وكذلك الاختصاصيين والاستشاريين، حيث يتضمن المؤتمر البرامج التدريبية والتعليمية التي تفيدهم في حياتهم العلمية والعملية وإعدادهم لامتحانات الدورية وكذلك حصولهم على نقاط التعليم الطبي المستمر.

## الأخوة والأخوات

باسمي وباسم الأكاديمية العربية للأمراض الجلدية والتجميل نرحب بكم في دبي ديرما. إن الأكاديمية تقوم بالعديد من الأنشطة العلمية مثل التعاون والمشاركة في تنظيم مؤتمر دبي ديرما وشرم ديرما، كما تجاوز نشاطها العلمي الإعداد لدورات تدريبية في مختلف الدول العربية. وبشرفنا جميعاً أن يكون للأكاديمية العربية للأمراض الجلدية والتجميل كيان معترف به حيث أن لها عدد ٤ مقاعد في الرابطة الدولية لجمعيات الأمراض الجلدية في العالم.

وفي الختام باسمكم جميعاً أهنيء رئيس المؤتمر **الأستاذ الدكتور إبراهيم كلداري** واللجان المنظمة التي قامت بالإعداد لهذا المؤتمر على هذا المجهود الكبير والبرنامج العلمي المتميز.

كما لا يفوتني أن أهنيء **الأستاذ الدكتور عبد السلام المدني** رئيس شركة **إندكس للمؤتمرات** والمعارض وفريق العمل التابع له على هذا الترتيب الرائع والمجهود الكبير، متمنين للجميع الاستفادة ودوام التوفيق.

**والسلام عليكم ورحمة الله وبركاته.**



## Message from the Secretary General

### **Riad Mashal MD**

Secretary General of PAN Arab League of Dermatological Societies

I am privileged and honored to welcome you at the 21<sup>st</sup> edition of the Dubai World Dermatology and Laser Conference and Exhibition. I would like to congratulate my dear friend Dr. Ibrahim Galadari the President of 21<sup>st</sup> Dubai Derma Congress for his great efforts to create this unique scientific and social program.

The 21<sup>st</sup> Dubai Derma Conference will be held in 2 conference halls simultaneously. The topics of discussion will range from cosmetic dermatology and plastic surgery, new therapeutics, advances in dermatology technology, general dermatology, psoriasis, vitiligo, pediatric dermatology and clinical case discussions.

Dubai Derma is not only scientific conference! It's a festival that all Dermatologist and plastic surgeons all over the world gather together. More than 374 companies exhibit their products in biggest exhibition in the World. See you all in Dubai.

The event will also host preconference course in dermatology and cosmetology and this year Prof. Jean Bologna. M.D. The great world leader in dermatology will meet all residents during preconference course.

Dubai Derma is the perfect venue for leading and exchange of knowledge among dermatologists in the Gulf, Arab countries and worldwide, about the new and future scientific developments in dermatology.

I hope that all of you will be able to take part in some of the many sightseeing and entertainment activities Dubai has to offer.

We hope with your active participation, Dubai Derma 2022 will be successful.

I wish you a very pleasant stay in Dubai "The jewel of UAE" and a memorable meeting.

**Riad Mashal. M.D.**

**Secretary General of PAN Arab League of Dermatology Societies**



# Scientific Committee

## Hassan Galadari, MD

Head of Scientific Committee, Dubai Derma

## MEMBERS



Abdul Wahab Al Fouzan, MD



Ahmed Al Dhaheer, MD



Ahmed Al Qahtani, MD



Ali Singel, MD



Amani Abdulla Alfalasi, MD



Andre Mattos, MD



Ayman AlNaeem, MD



Dhaifallah Alghowairi, MD



Fahad Al Ajmi, MD



Fatima Al Shamsi, MD



Hussain Juma, MD



Khalid Al Awadi, MD



Khalil Al Arrayed, MD



Mariam Baqi, MD



Maysa Ashmawi, MD



Mohamed El Azab, MD



Meera Aladawi, MD



Nawaf Al Mutairi, MD



Qassim Ahli, MD



Riad Mashal, MD

## MEMBERS



Saad Al Talhab, MD



Sahar Ghannam, MD



Salah Al Rubaie, MD



Sameer Al Ali, MD



Shaden Abdelhadi, MD



Yusra Al Ali, MD



Zbigniew Ruszczak, MD

# Organising Committee



**Dr. Abdul Salam Al Madani**  
Executive Chairman, Dubai Derma  
Chairman, INDEX Holding



**Eng. Anas Al Madani**  
Vice Chairman & Group CEO  
INDEX Holding



**Dr. Matios Tcholakian**  
Senior Business Development Manager  
INDEX Conferences & Exhibitions



**Vaneza Liaguno**  
Senior Project Manager  
INDEX Conferences & Exhibitions



**Aiza Roxas**  
Project Coordinator  
INDEX Conferences & Exhibitions



**Ghazala Tarannum**  
Business Development Executive  
INDEX Conferences & Exhibitions



**Bhagya Wijethunga**  
Marketing Executive  
INDEX Conferences & Exhibitions

# Accreditation

## Pre-Conference Course on Dermatology & Dermatopathology

Has been awarded by



Faculty of Medicine and Health Sciences  
United Arab Emirates University

Accreditation Number: **220105**

Total CME Credit Hours: **24**

(Based on Attendance)



# PRE-CONFERENCE COURSE PROGRAM & SPEAKERS

DERMATOLOGY & DERMATOPATHOLOGY

24 - 27 FEBRUARY 2022

**DAY 1** | **2** | **3** | **4**

AJMAN MEETING ROOM D

# Pre-Conference Course on Dermatology & Dermatopathology

## DAY 1 Thursday | 24<sup>th</sup> February 2022

🕒 08:30 - 09:30

### Psoriasis

Ashraf Reda MD

Consultant Dermatologist



🕒 09:30 - 10:00

### Autoimmunity in Dermatology: A Comprehensive Approach

Yusra Al Ali MD

Consultant Dermatologist



🕒 10:00 - 10:30

### Update on Conventional Treatment of Atopic Dermatitis

Mohammed Rubaye MD

Senior Clinical Fellow in Dermatology



🕒 10:30 - 11:00

Coffee Break ☕

🕒 11:00 - 12:00

### Update on Immunopathogenesis on Biological Treatment of Atopic Dermatitis

Salah Al Rubaie MD

Consultant Dermatologist



🕒 12:00 - 13:00

### Pigmentation

Aashim Singh Kukreja MD

Specialist Dermatologist



🕒 13:00 - 14:00

**Lunch Break** 

🕒 14:00 - 15:30

**Pediatric Dermatology**

Zbigniew Ruszczak MD  
**Professor of Dermatology**



🕒 15:30 - 16:00

**Coffee Break** 

🕒 16:00 - 17:00

**Vitiligo**

Aashim Singh Kukreja MD  
**Specialist Dermatologist**



🕒 17:00 - 18:00

**Update in Acne**

Ibrahim Galadari MD  
**Professor of Dermatology**



# Pre-Conference Course on Dermatology & Dermatopathology

## DAY 2 Friday | 25<sup>th</sup> February 2022

🕒 08:30 - 09:30

### How to Examine a Dermatological Patient

Ashraf Hamza MD

Professor of Dermatology



🕒 09:30 - 10:30

### Dermatological Signs

Ashraf Hamza MD

Professor of Dermatology



🕒 10:30 - 11:00

Coffee Break ☕

🕒 11:00 - 12:00

### 1. Atypical Presentation of Common Skin Diseases, Interesting Cases 2. Syphilis, Update Knowledge and Recent Clinical View

Khalil Alhamdi MD

Professor of Dermatology and Consultant Dermatologist



🕒 12:00 - 13:00

### Pediatric Psoriasis, Modes of Presentation, Interesting Cases

Khalil Alhamdi MD

Professor of Dermatology and Consultant Dermatologist



🕒 13:00 - 14:00

Lunch Break 🍴

# Pre-Conference Course on Dermatology & Dermatopathology

## DAY 2 Friday | 25<sup>th</sup> February 2022

🕒 14:00 - 15:30

### Difficult Clinical Dermatology Cases

Hazem Seif El Nasr MD

**Specialist Dermatologist**



🕒 15:30 - 16:00

**Coffee Break** ☕

🕒 16:00 - 18:00

### Difficult Clinical Dermatology Cases

Hazem Seif El Nasr MD

**Specialist Dermatologist**



# Pre-Conference Course on Dermatology and Dermatopathology

## DAY 3 Saturday | 26<sup>th</sup> February 2022

🕒 08:30 - 10:30

### Basic Cutaneous Surgery

Andre Mattos MD

Plastic Surgeon



🕒 10:30 - 11:00

Coffee Break ☕

🕒 11:00 - 12:00

### Pathogenesis of Psoriasis and Cartoon Films

Maged Elsheikh MD

Head of Department of Dermatology and Venereology



🕒 12:00 - 13:00

### Systemic Therapy in Dermatology

Maged Elsheikh MD

Head of Department of Dermatology and Venereology



🕒 13:00 - 14:00

Lunch Break 🍴

🕒 14:00 - 14:30

### Contact Dermatitis Review Lecture

Tarek Omar MD

Dermatology Consultant



# Pre-Conference Course on Dermatology and Dermatopathology

## DAY 3 Saturday | 26<sup>th</sup> February 2022

🕒 14:30 - 15:30

### Connective Tissue Disorders

Ahmed Nouh MD

**Dermatologist**



🕒 15:30 - 16:00

**Coffee Break** ☕

🕒 16:00 - 18:00

### Vasculitis

Ahmed Nouh MD

**Dermatologist**



# Pre-Conference Course on Dermatology and Dermatopathology

## DAY 4 Sunday | 27<sup>th</sup> February 2022

🕒 08:30 - 09:30

### Sebaceous Gland Disorder

Ahmed Kadah MD

Consultant and Lecturer of Dermatology, Venereology, and Andrology



🕒 09:30 - 10:00

### Sexually Transmitted Infections: An Overview

Nawaf Al Mutairi MD

Professor of Dermatology



🕒 10:00 - 10:30

### Biologics in Dermatology: Beyond Psoriasis

Nawaf Al Mutairi MD

Professor of Dermatology



🕒 10:30 - 11:00

Coffee Break ☕

🕒 11:00 - 12:00

### Mnemonics in Dermatology

Mohammed El Banhawy MD

Head of Department of Dermatology and Venereology



🕒 12:00 - 13:00

### Drug Interactions in Dermatological Practice

Mohammed El Banhawy MD

Head of Department of Dermatology and Venereology



# Pre-Conference Course on Dermatology and Dermatopathology

## DAY 4 Sunday | 27<sup>th</sup> February 2022

🕒 13:00 - 14:00

Lunch Break 

🕒 14:00 - 15:30

### Dermoscopy Course

Alsayed Alsayed Ahmad MD

Lecturer of Dermatology, Venerology and Andrology



🕒 15:30 - 16:00

Coffee Break 

🕒 16:00 - 18:00

### 1. Hair Course 2. Clinical Course

Alsayed Alsayed Ahmad MD

Lecturer of Dermatology, Venerology and Andrology





# ABSTRACTS

## DERMATOLOGY & DERMATOPATHOLOGY

24 - 27 FEBRUARY 2022

**DAY 1** | **2** | **3** | **4**

AJMAN MEETING ROOM D

# Abstracts

## DAY ONE

THURSDAY | 24 February 2022

### AJMAN MEETING ROOM D

**08:30 - 09:30**

#### Psoriasis

Ashraf Reda MD

Psoriasis is a common inflammatory skin disorder affecting 2-3% of the population. The disease has different clinical presentations ranging from few plaques to erythroderm. Moderate to severe cases of psoriasis has significant impact on the quality-of-life of patients. The impact is multifactorial and caused by the skin lesions, itching, arthritis, other comorbidities. Mild cases of psoriasis are usually managed by topical treatment. Severe cases on the other hand are managed by ultraviolet light and conventional systemic therapies such as methotrexate, cyclosporine and retinoids. The advancement in understanding the pathogenesis of psoriasis over the past 2 decades has resulted in the development of several biological treatments which have significantly improved the control of psoriasis. In this session, psoriasis pathogenesis, clinical presentations, comorbidities and management will be discussed.

**09:30 - 10:00**

#### Autoimmunity in Dermatology: A Comprehensive Approach

Yusra Al Ali MD

Naturally, immune system acts to protect human body against intruders. It is usually directed against harmful structures, pathogens or external insults. In Autoimmunity, there is an immune response against self tissue that usually involves T and B lymphocytes. The particular protein or structure targeted by the T and B lymphocytes is called the self-antigen. Autoimmunity may result in autoimmune disease with tissue damage or impaired physiological function. Sometimes, only autoantibodies will be found incidentally without causing disease or clinical symptoms.

Autoimmune disease occurs when the protective mechanisms that normally prevent autoimmunity fail.

The exact cause of a particular autoimmune disease is often not fully understood. Risk factors for many autoimmune diseases include genetic factors, infections, hormones, drugs or other unrecognized environmental factors.

In this lecture, I will be introducing a comprehensive understanding of autoimmune disorders and how to apply this knowledge in the management of autoimmune diseases in dermatology.

# Abstracts

## DAY ONE

THURSDAY | 24 February 2022

### AJMAN MEETING ROOM D

**10:00 - 10:30**

#### Update on Conventional Treatment of Atopic Dermatitis

Mohammed Rubaye MD

Atopic Dermatitis (AD) is one of the most common chronic inflammatory skin diseases that affect both children and adults. AD effect around 15-30% of children and 2% of adults. Environmental factors, genetic factors, epidermal barrier dysfunction and immune dysregulation seems to play a key role in the pathogenesis of atopic dermatitis.

Among various measures in Atopic Eczema management, emollients to hydrate the skin (include soap substitute and wet-wrap therapy) and to avoid aggravating factors is the basic treatment to improve epidermal barrier function and reduce itching.

The standard pharmacologic treatment with topical steroid mild-moderate potency depend on the severity, age and site of AD lesions as first line of therapy (esp. for AE).

While the 2nd line of treatment is topical calcineurin inhibitors for sensitive skin and maintenance therapy. And by regular intermittent application of low potency steroid and calcineurin inhibitor as proactive therapy used to prevent flares.

**10:30 - 11:00**

#### Coffee Break

**11:00 - 12:00**

#### Update on Immunopathogenesis on Biological Treatment of Atopic Dermatitis

Salah Al Rubaie MD

Atopic Dermatitis (AD) is a chronic pruritic immune mediated inflammatory dermatosis characterized by a T Helper 2 (Th2) immune response. The prevalence of Atopic Dermatitis is around 15-30% of children and 2-10% of adults.

Severe cases of atopic dermatitis remains challenging to treat with anti inflammatory, phototherapy etc. However recent advances in understanding of the immunopathogenesis of Atopic Dermatitis has allowed to discover new biological treatment to target a key molecule or cytokine in the inflammatory or immune response.

In my presentation, I will review the update of immunopathogenesis and update of biological treatment of Atopic Dermatitis.

# Abstracts

## DAY ONE

THURSDAY | 24 February 2022

### AJMAN MEETING ROOM D

**12:00 - 13:00**

#### Pigmentation

Aashim Singh Kukreja MD

Pigmentation is one of the most common skin concerns in the Gulf and Asian population..The most common facial pigmentary problems encountered in our practice are melasma. metabolic melanoses. lichen planus pigmentosus. post inflammatory pigmentation (PIP), freckles / tanning/ sun spots.

Pigmentation is abnormal discoloration of the skin. It is characterized by patches of skin darker in colour than the normal surrounding skin colour. It occurs due to an increase in the number of pigment-producing cells in the skin (melanocytes), or an increase in the pigmented substance they produce (melanin).

Pigmentation is known to be caused by several factors. More often than not, it is a combination of multiple factors. The most commonly implicated causative and /or contributing factors are listed below

- Genetic: Melasma and Freckles are common in individuals with a history of a family member affected.
- Hormonal: Changes in hormonal milieu that occur during pregnancy, menopause and due to contraceptive pills are strongly known to be associated with melasma.
- Metabolic: patients with Metabolic syndrome / Insulin resistance present with melasma like pigmentation.
- Environmental: Sun damage / UV damage is undoubtedly one of the most important factors in causing pigmentation and skin ageing. Environmental pollution also wreaks havoc on the skin. We are increasingly seeing patients with pigmentation attributable to pollution exposure.
- Cosmetics/ Home remedies: Contact reactions to what is applied on the skin by way of over the counter cosmetics , make up products and even traditional home remedies manifest as pigmentation trouble.

The backbone of management for any skin problem is to identify the underlying cause and /or trigger factor & address with a holistic & multipronged approach. Addressing pigmentation medically by investigating for likely and suspected causes followed by a complete treatment plan to lighten the pigmentation is the key.

**13:00 - 14:00**

#### Lunch Break

**14:00 - 15:30**

#### Pediatric Dermatology

Zbigniew Ruszczak MD

# Abstracts

## DAY ONE

THURSDAY | 24 February 2022

### AJMAN MEETING ROOM D

**15:30 - 16:00**

Coffee Break

**16:00 - 17:00**

Vitiligo

Aashim Singh Kukreja MD

Vitiligo refers to a common skin disease (affecting 2% of the population worldwide) in which skin loses its colour (melanin pigment) in patches which gradually become milky white or chalky white, which may enlarge in size, change shape, and increase in numbers. This happens over days or weeks and is devoid of physical discomfort. It is important to know that all white spots on the skin are not vitiligo. There are many other skin conditions in which white patches feature. Only a dermatologist will be able to differentiate between them.

Contrary to commonly held social stigma vitiligo is neither infectious nor contagious. Vitiligo is the slow death of pigment-producing cells (melanocytes) which occurs on account of the complex interplay between genes (some people have melanocytes that are delicate and therefore more prone to damage and this is suggested by a family history of vitiligo), environmental factors (exposure to phenolic compounds in household products, exposure to rubber chemicals particularly curing agents in rubber footwear & sunburns), aberrations in internal health (insulin resistance and metabolic syndrome), nutritional deficiencies (vitamin B12 and vitamin D3), physical trauma and psychologic stress. This results in an immune system malfunction and consequent immune damage to melanocytes. Vitiligo, thus, is a good example of an autoimmune disease. Rarely, melanocytes may be damaged directly by caustic chemicals, or toxins elaborated and released by nerve cells. In summary, the cause of vitiligo is complex and only partially understood.

Vitiligo typically starts early in life, commonly in children and in young adults, although it may make its appearance at any age. There is no gender difference. In children, eyelids are the most common site of onset in our experience, and in adults, it starts from sites more prone to wear such as hands, ankles, lips, genitals, etc. However, there are many exceptions and many variations. The onset is always insidious, and vitiligo progresses in severity both in terms of size and number of patches in "fits and starts" with an ever-increasing burden of disease. As a rule vitiligo patches do not spontaneously repigment, except in the early stages of the disease, and sometimes in children.

Vitiligo is treatable. There are two key requirements in successful treatment: arrest the disease expeditiously, this takes 4-6 weeks to achieve; repigment the disease and make the patches disappear, and this takes longer, up to two years, and depends on a number of clinical considerations. Individualized and combination treatment options include Hydroxychloroquine (HCQS), Levamisole (Dicaris), Azathioprine (Azoran, AZR), Mycophenolate mofetil (Cellcept, MMF). Oral steroids are used for young children and, very occasionally, for galloping vitiligo in adults. Topical treatments are combined with oral medications and include Tacrolimus/Pimecrolimus, steroid creams, psoralens (Melanocyl ointment), and pseudo catalase (Vitix Gel). Natural sun exposure or phototherapy (Narrow-band UVB) are included. Complete depigmentation treatment is offered in highly selected patients where such an option is requested and chosen by the patient.

# Abstracts

## DAY ONE

THURSDAY | 24 February 2022

### AJMAN MEETING ROOM D

**17:00 - 18:00**

#### Update in Acne

Ibrahim Galadari MD

To review current knowledge on how patients with acne experience stigmatization, as well as on its associations with clinical and psychosocial characteristics of the disease. A better understanding of these may help dermatologists improve screening and management for the benefit of Acne patients.

# Abstracts

## DAY TWO

FRIDAY | 25 February 2022

### AJMAN MEETING ROOM D

**08:30 - 09:30**

#### How to Examine a Dermatological Patient

Ashraf Hamza MD

How to Examine Dermatological Patient? Skin disease is marked by its variety and visibility. Dermatology is a field where pattern recognition and analysis are critical so experience is key, having seen something previously makes it much easier to recognise it in the future. Accurate history taking and examination are as important as in any other field of medicine. A systematic approach is required, although this may depend on experience; however, even the most experienced doctor will have the occasional difficult case where it is necessary to go back to literatures. An experienced dermatologist should recognize well, primary skin lesions, secondary skin lesions and specific skin lesions. Moreover, he should identify nail, hair and mucus membrane signs.

**09:30 - 10:30**

#### Dermatological Signs

Ashraf Hamza MD

Derma Signs in Dermatology The word "sign" refers to important physical finding or observation made by the physician when examining the patient. Clinical signs reflect the close observatory quality of an astute dermatologist. Many dermatological signs both in clinical and diagnostic aspects of various dermatoses are being reported. Dermatologist finds it difficult to have access to their description in journal articles since they are written in brief. Dermatologic signs, which can be highly pathognomonic for a certain conditions. Most of the signs appear either "de novo" or have to be elicited by the physician. Literatures have been reviewed and updated the newly described signs in the present lecture. Studying more and more such signs, will improve greatly the diagnostic skills of dermatologists.

**10:30 - 11:00**

#### Coffee Break

**11:00 - 12:00**

#### Atypical Presentation of Common Skin Diseases, Interesting Cases

Khalil Alhamdi MD

Common skin diseases in their common modes of patterns are easily diagnosed by treating dermatologists even those with short experience in dermatology. Sometimes common skin diseases may present with

# Abstracts

## DAY TWO

FRIDAY | 25 February 2022

### AJMAN MEETING ROOM D

atypical features creating diagnostic difficulties leading to improper management with subsequent alteration in the clinical picture and possible complications. In this presentation we try to shed light on the atypical features that may help junior dermatologists to improve their performance and increasing their experience

In this presentation the common presenting clinical features of many common skin diseases will be shown then a typical presentation of these diseases are mention and shown by photos. The diagnoses in such cases are confirmed by investigation and skin biopsy if required  
In conclusion the possibly of a typical presentation of the common demagogical diseases should be considered particular those that are not responding to usual treatment.

## Syphilis, Update Knowledge and Recent Clinical View

Khalil Alhamdi MD

Syphilis is defined as an infectious disease caused by treponema pallidum of great chronicity systemic from the onset capable of involving practically every structure of the body in its course , distinguished by florid manifestations on the one hand and years of completely asymptomatic latency on the other, able to simulate many diseases in the fields of medicine and surgery transmissible to offspring in man transmissible to certain laboratory animals and treatable to the point of presumptive cure. Although the prevalence seems to be low at the present time but syphilitic patient are still seen in daily clinical practice many cases may be overlooked.

The prevalence of syphilis at the present time seems to be under estimated because many cases are either overlooked or misdiagnosed as syphilis is considered as one of the great imitator to majority of skin diseases. In this lecture an over view on different aspects of syphilis are mentioned including immunology, different types of clinical features through showing interesting cases of syphilis and other clinical practical points that may help dermatologists to consider the disease in the differential diagnosis of different skin diseases and to lesser extent some systemic illness.

**12:00 - 13:00**

## Pediatric Psoriasis, Modes of Presentation, Interesting Cases

Khalil Alhamdi MD

Psoriasis is a common inflammatory skin disease affecting about 1.2-2 % of the general population presenting with well demarcated salmon pink plaques covered by white silvery scales. Many clinical types of psoriasis are recognized. In children, psoriasis may differ from that of adults by the criteria of their clinical features, sites affected, clinical types and prognosis. In this lecture the clinical features of pediatric psoriasis in comparison with that of adult will be shown and discussed

In this the common presenting clinical features of psoriasis in adult are shown in comparison with that of children are shown and discussed, in order to increase the awareness of junior dermatologists about the

# Abstracts

## DAY TWO **TWO** FRIDAY | 25 February 2022

### AJMAN MEETING ROOM D

atypical presentation of psoriasis from that of adult. In conclusion atypical presentation of psoriasis of children should be considered by dermatologists especially when the lesion are atypical, recurrent and not responding to conventional therapy.

**13:00 - 14:00**

Lunch Break

**14:00 - 15:30**

Difficult Clinical Dermatology Cases

Hazem Seif El Nasr MD

Interesting clinical cases for discussion is always an attractive session for dermatologists. Around 80 cases will be presented.

**15:30 - 16:00**

Coffee Break

**16:00 - 18:00**

Difficult Clinical Dermatology Cases

Hazem Seif El Nasr MD

Interesting clinical cases for discussion is always an attractive session for dermatologists. Around 80 cases will be presented.

# Abstracts

## DAY THREE SATURDAY | 26 February 2022

### AJMAN MEETING ROOM D

**08:30 - 10:30**

#### Basic Cutaneous Surgery

Andre Mattos MD

The introduction to skin surgery is essential for physicians entering the field, dermatologists and plastic surgeons. Mastering local anesthesia and suturing techniques is essential for us to achieve satisfactory results. Dealing with healing deviations is imperative in our routine.

This course has been designed to introduce doctors to safe surgical practice within a controlled workshop environment. It aims to teach, assess and certify the ability to use safe surgical techniques that are common to all forms of surgery. Various topics will be discussed, such as locoregional anesthesia, principles, indications and precautions, introduction to suture with guidance on material and technique. The student will also receive information about the healing process and changes resulting from it such as hypertrophic scars and keloids and how to treat them. Interaction between the auditorium will be encouraged with student participation.

**10:30 – 11:00**

#### Coffee Break

**11:00 – 12:00**

#### Pathogenesis of Psoriasis and Cartoon Films

Maged Elsheikh MD

The pathogenesis of psoriasis can be explained by dysregulation of immunological cell function as well as keratinocyte proliferation/differentiation. This cartoon discusses the mechanisms involved in the initiation and development of the disease, as well as the therapeutic options that have arisen from the dissection of the inflammatory psoriatic pathways.

It begins by addressing the inflammatory pathways and key cell types initiating psoriatic inflammation. Then we include a comprehensive review of well-established widely available therapies and drugs.

**12:00 – 13:00**

#### Systemic Therapy in Dermatology

Maged Elsheikh MD

Systemic drug therapy involves treatment that affects the body as a whole, it is considered to be the main type of therapy in different dermatological diseases.

# Abstracts

## DAY THREE SATURDAY | 26 February 2022

### AJMAN MEETING ROOM D

This lecture involves the treatment by biologics, retinoids and immunosuppressive drugs, their Indications, contraindications, drug interaction, side effects and precautions.

**13:00 – 14:00**

### Lunch Break

**14:00 – 14:30**

### Contact Dermatitis Review Lecture

Tarek Omar MD

Skin is the largest organ of the body. It is the contact between the body and outside world. Skin is exposed to thousands of allergens and haptens daily. Skin is not only considered as a protection, but also as a main sharer in the immunological defense mechanism of our bodies. Contact Dermatitis importance is escalating with time. New allergens and developing allergy to an old substance are challenging for both the patient and the Dermatologist as well. Detecting the culprit antigen is mental quiz to the physician.

How to approach the targeted antigen, are upgrading steps you have to follow, so you can reach your aim. Meticulous history, patch testing, skin bricking and specific Ig E are tools to support you to reach your goal. Making these tests and interpreting the results is a professional work.

Patch testing is an easy and accessible procedure must be known well to all physicians specially the dermatologists.

**14:30 – 15:30**

### Connective Tissue Disorders

Ahmed Nouh MD

This lecture is designed on case-based learning method. Through this lecture we will discuss different presentations of Lupus Erythematosus, Dermatomyositis and Systemic sclerosis being an important examples of connective tissue disorders.

We will present different cases from our own clinical practice including Dermoscopy, Histopathology and up to date Treatment options. A part of this session will be Interactive in the form of quizzes (clinical cases) related to the topic.

**15:30 – 16:00**

### Coffee Break

# Abstracts

## DAY THREE SATURDAY | 26 February 2022

### AJMAN MEETING ROOM D

**16:00 – 18:00**

#### Vasculitis

Ahmed Nouh MD

This is a comprehensive review lecture about interface dermatitis as a pathological event in correlation with clinical cases from our practice.

Explanation of different terms related to such pathological event (with illustrated pathological sections) compared to dermoscopic features.

Correct understanding of such pathological events will help choosing most suitable treatment options.

# Abstracts

## DAY FOUR

SUNDAY | 27 February 2022

### AJMAN MEETING ROOM D

**08:30 - 09:30**

#### Sebaceous Gland Disorder

Ahmed Kadah MD

Sebaceous glands are holocrine glands, each gland consist of many lobes. They are distributed all over skin surface except palms & sole. Sebaceous glands produce sebum (1) which is the 1st glandular product of human body. After puberty, sebaceous glands undergo enlargement and their sebum secretion increases. There are 3 main types of pilosebaceous follicles (Terminal follicles, Sebaceous follicles and Vellus follicles). Sebaceous glands undergo many important functions such as controlling epidermal moisture, protection and thermoregulation. They also metabolize and synthesiz vitamin D and secretes vitamin E. All these functions are under control of many factors and hormones.

One of their most common disorders is Acne vulgaris (AV) which is a chronic inflammatory disorder. Acne and its associated problems with self-esteem and social inhibition represent a figurative "rite of passage" for as many as 80 percent of adolescents and young adults (2,3)

AV is a disease of a multifactorial pothotogic events and multiple types and variants of different lines of management (Topical, systemic and combinations). Diet has important role in management. Even after AV treatment, you may need to manage different types of post acne scars.

Another disorder is Rosacea which is a chronic, vascular inflammatory disorder with many subtypes (Erythematotelangiectatic, Papulopustular, Phymatous and Ocular) (4). Rosacea has also many variant (Granulomatous and Pyoderma faciale ). All these subtypes and variants have different lines of management.

**09:30 - 10:00**

#### Sexually Transmitted Infections: An Overview

Nawaf Al Mutairi MD

Sexually transmitted infections (STIs), are group of infective conditions that are transmitted from one person to another during sexual contact. The incidence rate of these approximately 25 diseases is disturbingly high. According to WHO estimates a little over 1 million sexually transmitted infections (STIs) are acquired every day worldwide, and the incidence of many common STIs is rising for the first time in a decade. Young people are disproportionately affected: Half of STIs occur in young people aged 15–24 years, despite this age group accounting for only 25% of the sexually active population. For some of the STIs there is no cure, so individuals can remain infected for the rest of their lives. Therefore, the prevalence rate (new and existing cases) of STIs is greater than the number of new cases of these infections. While many of these diseases are preventable and treatable, the morbidity and mortality associated with STIs remain high.

Rapid point-of-care diagnostic tests are now widely available for HIV and syphilis and could contribute to the dual elimination of maternal transmission of these infections. STI control is a key component of HIV prevention. Syndromic management is effective for many STIs and is recommended in settings without sufficient laboratory capacity. The fast-developing antimicrobial resistance for Neisseria gonorrhoeae is a major threat, with possible emergence of untreatable infections. Effective bi/quadri/nonavalent vaccines against oncogenic strains of HPV are available and are likely to reduce the risk of cervical cancer for millions of

# Abstracts

## DAY FOUR

SUNDAY | 27 February 2022

### AJMAN MEETING ROOM D

women and other genital cancers in both sexes.

Emerging evidence of the sexual transmissibility of pathogens such as Ebola and Zika viruses requires inclusion of relevant control measures and permanent vigilance.

Another area of major concern in STIs is the rapid emergence of antibiotic resistance. However, with the availability new techniques in molecular diagnostics and the development of novel therapeutic agents have lead to more rapid diagnosis and effective treatment.

**10:00 - 10:30**

### Biologics in Dermatology: Beyond Psoriasis

Nawaf Al Mutairi MD

Recent advances in the understanding of pathogenesis of inflammatory dermatoses at molecular, have ushered in biologic therapies in various dermatologic diseases. The number of currently available biological agents in dermatology is growing with new developments every passing day.

Biologics are the molecules that target specific proteins implicated in immune-mediated disease. These can be broadly classified into three main groups: monoclonal antibodies, fusion proteins, and cytokines. The use of biologic in dermatology started with psoriasis around 3 decades ago, and it continues to be the most common dermatoses targeted with biologic agents. However, in recent past the use of biologics has spilled over to various other dermatoses. Although, most of these indications still remain as "Off Label use". FDA has very recently approved some of these agents for use in dermatoses other than psoriasis. They have been used for neutrophilic dermatoses (eg, aphthous stomatitis, Behcet disease, pyoderma gangrenosum), bullous dermatoses (eg, bullous pemphigoid, pemphigus vulgaris, cicatricial pemphigoid), granulomatous dermatoses (eg, generalized granuloma annulare, sarcoidosis), auto-immune connective tissue diseases (eg, dermatomyositis, scleroderma), atopic dermatitis, chronic urticaria, vasculitis, and other disease (eg, graft-versus-host disease [GVHD], hidradenitis suppurativa, Toxic epidermal necrolysis, and pityriasis rubra pilaris. In many of these before mentioned indications, the biologics have proved to be use particularly as an alternative for patients who failed to respond to approved therapeutic options.

I shall be discussing all these aspects in details, covering both the "Off label" and FDA approved indications, with details about their efficacy, dosage along with route of administration, baseline laboratory investigations and laboratory tests required for subsequent monitoring, adverse effects, and contraindications.

**10:30 – 11:00**

### Coffee Break

**11:00 - 12:00**

### Mnemonics in Dermatology

Mohammed El Banhawy MD

A mnemonic device, or memory device is a learning technique that aids information retention or remembering in the human memory for better understanding. The basic types of mnemonics rely on use of

# Abstracts

## DAY FOUR

SUNDAY | 27 February 2022

### AJMAN MEETING ROOM D

key words, acronyms, images, and visualization. The presentation will highlight the use mnemonics in some dermatologic disorders.

**12:00 - 13:00**

#### Drug Interactions in Dermatological Practice

Mohammed El Banhawy MD

Systemic drugs are increasingly used in the treatment of skin diseases .Due to the high prevalence of polypharmacy ,dermatologists are increasingly faced with the complex problem of drug intetaction.The presentation will focus on the significant drug interactions that are encountered in clinical practice.

**13:00 – 14:00**

#### Lunch Break

**14:00 - 15:30**

#### Dermoscopy Course

Alsayed Alsayed Ahmad MD

This course will discuss in brief the following topics:

- Hair growth cycle
- Basic assessment of a case of hair loss in the hair clinic
- Common causes of hair loss
- Basic trihosopic
- Dermoscopy of melanoma
- Dermoscopy of non melanoma skin cancers

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**15:30 – 16:00**

#### Coffee Break

**16:00 - 18:00**

#### Hair Course and Clinical Course

Alsayed Alsayed Ahmad MD

This course will discuss in brief the following topics:

- Dermatologic signs
- Differential diagnosis in dermtology
- Interesting clinical casess
- Discussion

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# The Official Newsletter of the International Society of Dermatology



## ISD Connection

The Official Newsletter of the International Society of Dermatology Vol. 15, No. 2 • Fall 2021

### ISD Comes Together Virtually for XIII Virtual ICD 2021









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