



FELLOWSHIP COURSE

ON DERMATOLOGY, AESTHETICS & LASERS

7 - 10 SEPTEMBER 2026
NOVOTEL, WORLD TRADE CENTRE, DUBAI

COURSE PROGRAM



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ACCREDITATION

AADA FELLOWSHIP COURSE ON DERMATOLOGY, AESTHETICS & LASERS

Has been awarded by



College of Medicine and Health Sciences
United Arab Emirates University

Accreditation Number: **202512-3**

Basic Surgery Course **6 CME** Credit Hours

Advanced Fellowship Course **18 CME** Credit Hours

Basic Surgery and Advanced Fellowship Course **24 CME** Credit Hours

(Based on Attendance)

FELLOWSHIP COURSE

SPEAKERS



**Abeer
Tawfik MD**
Professor of
Dermatology & Laser



**Afsha
Hasanfatta MD**
Specialist Dermatologist



**Aseem
Sharma MD**
Director



**Bijal
Mehta MD**
Specialist Dermatologist



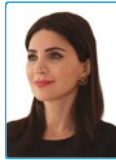
**Ibrahim
AbdelKareem MD**
Assistant Professor



**Maria
Cristina Puyat MD**
Assistant Professor



**Minal
Andrade MD**
Dermatologist



**Pegah
Dehdari MD**
Specialist
Dermatologist



**Qassim
Ahli MD**
Consultant Plastic
Surgeon



**Seema
Singh MD**
Specialist Dermatologist



**Shweta
Bhandari MD**
Specialist Dermatologist



**Victoria
Innene MD**
Dermatologist



**Zahra
Alrefaei MD**
Consultant Plastic Surgeon

DAY ONE

MONDAY | 07th September 2026

NOVOTEL WORLD TRADE CENTRE - ONYX MEETING ROOM (1ST FLOOR)

DAY ONE MONDAY | 7th September 2026**BASIC SURGERY**
COURSE**SESSION 1**

Basic Surgery Course (Theoretical)

09:00 – 10:30

1. Local Anesthesia: Minimal Invasive Techniques (Punch, Tangential Excision & Hemostasis)**2. Basic Excisional Surgery (Fusiform Excision & Variations)**

Zahra Alrefaei MD, UAE | Consultant Plastic Surgeon

Qassim Ahli MD, UAE | Consultant Plastic Surgeon

10:30 – 11:00

Coffee Break**SESSION 2**

Basic Surgery Course Practical Training (Suture Practice Kit Provided)

11:00 – 13:00

1. Suture Techniques with Different Modalities**2. Single Suture Technique****3. Continuous Suture Technique****4. Mattress Suture Technique****5. Intracuticular Suture Technique****6. Running Suture Technique****7. Subcutaneous Suture Technique**

Zahra Alrefaei MD, UAE | Consultant Plastic Surgeon

Qassim Ahli MD, UAE | Consultant Plastic Surgeon

13:00 – 14:00

Lunch Break**SESSION 3**

Basic Surgery Course (Theoretical)

14:00 – 15:30

1. Presentation of Sutures and Suture Techniques**2. Wounds and Wound Closure****3. Dressings and Follow-up****4. Managing Complications**

Zahra Alrefaei MD, UAE | Consultant Plastic Surgeon

Qassim Ahli MD, UAE | Consultant Plastic Surgeon

15:30 – 16:00

Coffee Break

DAY ONE MONDAY | 7th September 2026**BASIC SURGERY****COURSE****SESSION 4**

Basic Surgery Course Practical Training (Suture Practice Kit Provided)

16:00 – 18:00

1. Suture Techniques with Different Modalities**2. Single Suture Technique****3. Continuous Suture Technique****4. Mattress Suture Technique****5. Intracuticular Suture Technique****6. Running Suture Technique****7. Subcutaneous Suture Technique**

Zahra Alrefaei MD, UAE | Consultant Plastic Surgeon

Qassim Ahli MD, UAE | Consultant Plastic Surgeon

DAY TWO

TUESDAY | 08th September 2026

NOVOTEL WORLD TRADE CENTRE - ONYX MEETING ROOM (1ST FLOOR)

DAY TWO TUESDAY | 8th September 2026**ADVANCED FELLOWSHIP
COURSE****SESSION 1**

Advanced Fellowship Course

09:00 – 10:30

1. Introduction to Hair Transplantation**2. Fundamentals of FUE****3. Pre-Operative Planning**

Ibrahim AbdelKareem MD, Egypt | Assistant Professor

10:30 – 11:00

Coffee Break**SESSION 2**

Advanced Fellowship Course

11:00 – 13:00

1. FUE Surgical Techniques**2. Advanced FUE****3. Post-Operative Care & Complications****4. FUE Case for a Scar**

Ibrahim AbdelKareem MD, Egypt | Assistant Professor

13:00 – 14:00

Lunch Break**SESSION 3**

Advanced Fellowship Course

14:00 - 14:15

Introduction to Evolution of Mesotherapy and Platelet Rich Plasma Therapy (PRP)

Minal Andrade MD, UAE | Dermatologist

14:15 - 14:30

Mesotherapy

Shweta Bhandari MD, UAE | Specialist Dermatologist

14:30 - 14:45

Platelet Rich Plasma (PRP) and Platelet Rich Fibrin (PRF)

Afsha Hasanfatta MD, UAE | Specialist Dermatologist

14:45 - 15:00

Biofillers

Seema Singh MD, UAE | Dermatologist

15:00 - 15:15

The Regenerative Face: Integrating Mesotherapy, PRP/PRF and Autologous Biofillers for Natural Facial Rejuvenation

Bijal Mehta MD | Specialist Dermatologist

DAY TWO TUESDAY | 8th September 2026**ADVANCED FELLOWSHIP
COURSE****15:15 - 15:30 Q & A / Interaction****15:30 - 16:00 Coffee Break****SESSION 4**

Advanced Fellowship Course (Live Demonstration)

16:00 – 18:00 1. Evolution of Mesotherapy Materials and Injection Methods**2. Mesotherapy Techniques****3. PRP and PRF****Minal Andrade MD, UAE | Dermatologist****Shweta Bhandari MD, UAE | Specialist Dermatologist****Afsha Hasanfatta MD, UAE | Specialist Dermatologist****Seema Singh MD, UAE | Dermatologist****Ajay Chaudhary MD | Consultant Dermatologists**

DAY THREE

WEDNESDAY | 09th September 2026

NOVOTEL WORLD TRADE CENTRE - ONYX MEETING ROOM (1ST FLOOR)

DAY THREE WEDNESDAY | 9th September 2026**ADVANCED FELLOWSHIP
COURSE****SESSION 1**

Advanced Fellowship Course

09:00 – 10:30 **Toxin Boost: Beyond the Face**
 Maria Cristina Puyat MD, Philippines | Medical Director

10:30 – 11:00 **Coffee Break**

SESSION 2

Advanced Fellowship Course

11:00 – 12:00 **1. Botulinum Toxin:**
A Clinical Approach for the Dermtologists
2. Applied Facial Anatomy for Botulinum Toxin Injections
 Pegah Dehdari MD | Specialist Dermatology

12:00 – 13:00 **Botulinum Toxin**
 Victoria Innene MD, UAE | Dermatologist

13:00 – 14:00 **Lunch Break**

SESSION 3

Advanced Fellowship Course (Live Demonstration)

14:00 – 14:30 **Body Toxins**
 Maria Cristina Puyat MD, Philippines | Medical Director

14:30 – 15:30 **Botulinum Toxin**
 Victoria Innene MD, UAE | Dermatologist

15:30 – 16:00 **Coffee Break**

SESSION 4

Advanced Fellowship Course (Live Demonstration)

16:00 – 18:00 **1. From HA to Polynucleotides and Exosomes: Rheology-Driven Skin Booster Selection and Treatment Design**



2. Precision with Toxin: Injection Point Strategy and Everyday Practicalities

Live Demonstration

Full Face Botulinum Toxin – Liquid Facelift Neuromodulation

Aseem Sharma MD, India | Director

DAY FOUR

THURSDAY | 10th September 2026

NOVOTEL WORLD TRADE CENTRE - ONYX MEETING ROOM (1ST FLOOR)

DAY FOUR THURSDAY | 10th September 2026**ADVANCED FELLOWSHIP
COURSE****SESSION 1**

Advanced Fellowship Course

09:00 – 10:30

1. Laser Biophysics & Tissue Interactions**2. Laser Hair Removal****3. Laser in the Management of Hair Disorders**

Abeer Tawfik MD, Egypt | Professor of Dermatology & Laser

10:30 – 11:00

Coffee Break**SESSION 2**

Advanced Fellowship Course

11:00 – 13:00

1. Laser in Management of Vascular Lesions**2. Vascular Laser in Non-Vascular Lesions****3. Laser in Pigmented Lesions and Tattoos****4. Stop & Think Before You Ink****5. Fractional Resurfacing & Scarring**

Abeer Tawfik MD, Egypt | Professor of Dermatology & Laser

13:00 – 14:00

Lunch Break**SESSION 3**

Advanced Fellowship Course

14:00 – 15:30

1. Laser in Acne**2. Complications, Safety and Case Studies**

Abeer Tawfik MD, Egypt | Professor of Dermatology & Laser

15:30 – 16:00

Coffee Break**SESSION 4**

Advanced Fellowship Course

16:00 – 18:00

1. Laser in Immunologic Skin Disorders**2. Case Study**

Abeer Tawfik MD, Egypt | Professor of Dermatology & Laser